

TRAUMA INFORMED CARE

COMPLEX TRAUMA: CONCEPTS & PRACTICAL APPLICATION



Tim Fletcher



RE:ACT Recovery Education
for Addictions and Complex Trauma

reactcentre.ca

WORKSHOP TRAINING

A one-day workshop with Tim Fletcher, President and Director of *Finding Freedom* and the **RE:ACT Outpatient Treatment Centre**.

TOPICS

- What is Complex Trauma?
- Complex Trauma and the Brain;
- 60 Characteristics of Complex Trauma;
- Healing from Complex Trauma.

WHO IS IT FOR?

This workshop is for front-line workers, volunteers, counselors, and health-care providers with an interest or need to recognize complex trauma and its effects on addiction and other behaviours.

Each participant will receive a Certificate of Completion.

February 20th | 9am-4pm

SOUTHSHORE CENTRE, Lakeshore Drive, Barrie

2 Additional in-depth training days are available—see information at time of registration

Register at www.hopebarrie.com

Lunch & Refreshments will be included

Contact Kevin Mast at The Hope Centre kevin@hopebarrie.com 705-503-HOPE (4673)



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Tim Fletcher worked as a counselor at the Tamarack Recovery Centre in Winnipeg for 15 years after suffering with severe depression. Upon discovering that 97% of drug addicts suffer from significant personal trauma, Tim developed a treatment programme specifically designed to address complex trauma issues.